



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

8th – 12th STM Boys ONLY

Combo Workout

(Advanced Offensive Skills & Shooting/Scoring)

Open to STM athletes

Location: STM High School Gym

Cost: \$149 Online payment can be made at time of registration.

Athletes will receive Warwick Workout shorts & t-shirt.

****BRING YOUR BASKETBALL EACH TIME TO WORKOUTS****

Weekly Workouts are the foundation to becoming a skilled basketball player. The advanced offensive skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. We will also incorporate shooting and scoring drills each week focused on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens. These drills will assist athletes to become a more effective shooter and scorer.

Sunday, Sept. 18 th	5:45-7:15
Sunday, Sept. 25 th	5:45-7:15
Sunday, Oct. 2 nd	5:45-7:15
Sunday, Oct. 9 th	5:45-7:15
Sunday, Oct. 16 th	5:45-7:15

Register online at www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.